

Covenant Soup Kitchen

Olga Ezis Plunge for Hunger 2023

For the 12th Anniversary Olga Ezis Plunge for Hunger, we will be in person, but if virtual is your thing, you go ahead!

The Olga Ezis Plunge for Hunger benefits Covenant Soup Kitchen, which has served our community for over 41 years by providing uninterrupted access to food and improved access to basic services.

Because of the generosity of our community, we have been open every single day, serving over 2.5 million meals and providing other crucial support to our neighbors in need since the pandemic began.

Please help us to keep our doors open and our shelves stocked this year so we can be there every day to help people who are having difficulty helping themselves.

When: Saturday, 4 Feb 2023
but you can take a virtual plunge anytime!

Where: Lauter Park
Gordon Avenue
Willimantic, CT

When: 12pm

All donations are tax deductible.

**Form a
Plunge
Team!**



The rules are very simple!

- Get your friends and family to donate for you or your team to take the Plunge.
- Bring the money you raise with you to the Plunge.
- Bring a towel and warm, dry clothes to put on afterward.
- Have fun!
- **You must be able to SWIM to go in the water.**

