Covenant Soup Kitchen Olga Ezis Plunge for Hunger 2022

The Olga Ezis Plunge for Hunger benefits Covenant Soup Kitchen, which has served our community for over 40 years. Because of the generosity of our community, we have been open every single day, serving over 1.5 million meals and providing other crucial support to our neighbors in need.

For the 11th Anniversary Olga Ezis Plunge for Hunger, we are going VIRTUAL!

What the heck does that mean?? We are so glad you asked! It means you do YOUR PLUNGE YOUR WAY! All we ask is that you are SAFE, you have FUN and you SHARE a photo or video with us on social media if you're okay with that!

Because this is a very important and very special plunge, our supporters hope to inspire you to participate!

The Jeffrey P. Ossen Family Foundation will match every dollar up to \$60,000 this year! When: Saturday, 5 Feb 2022

is the date, but you can plunge anytime between now and the end of February!

Where: Wherever you like!

Your Plunge...Your Way! Please share your videos and pictures with us!

When: Whenever you like!

> All donations are tax deductible.





The rules are very simple!

- Get your friends and family to donate for you or your team to take the plunge.
- Come up with a fun, creative and safe way to "plunge!"
- Take a video or picture to share with us on social media.
- Have fun!
- Feel great about all of the families you will be helping!



Your PLUNGE...your WAY! Just have fun and post your pictures or videos!

Donation Sign-up Sheet

Plunger's Name/Team Name:

Plunger's e-mail:

Please write donor information on this form. All checks should be made payable to Covenant Soup Kitchen. Donations can also be made online at www.covenantsoupkitchen.org and on our Facebook page!

Donor Name	E-mail	Address	Amount	Paid
WAIVER: I hereby waive all claims against		Total Donations		

WAIVER: I hereby waive all claims against Covenant Soup Kitchen or any/all sponsors or personnel for any injury I might suffer in this event. I attest that I am physically fit, prepared for this event and I am able to swim. Signature:

Covenant Soup Kitchen

220 Valley Street Willimantic, CT 06226 860 423 1643

www.covenantsoupkitchen.org