

Covenant Soup Kitchen

Olga Ezis Plunge for Hunger 2022

The Olga Ezis Plunge for Hunger benefits Covenant Soup Kitchen, which has served our community for over 40 years. Because of the generosity of our community, we have been open every single day, serving over 1.5 million meals and providing other crucial support to our neighbors in need.

For the 11th Anniversary Olga Ezis Plunge for Hunger, we are going VIRTUAL!

What the heck does that mean?? We are so glad you asked! It means you do YOUR PLUNGE YOUR WAY! All we ask is that you are SAFE, you have FUN and you SHARE a photo or video with us on social media if you're okay with that!

Because this is a very important and very special plunge, our supporters hope to inspire you to participate!

The Jeffrey P. Ossen Family Foundation will match every dollar up to \$60,000 this year!

When: Saturday, 5 Feb 2022

is the date, but you can plunge anytime between now and the end of February!

Where: Wherever you like!

Your Plunge...Your Way!
Please share your videos and pictures with us!

When: Whenever you like!

All donations are tax deductible.

**Form a
Plunge
Team!**



The rules are very simple!

- Get your friends and family to donate for you or your team to take the plunge.
- Come up with a fun, creative and **safe** way to "plunge!"
- Take a video or picture to share with us on social media.
- Have fun!
- **Feel great about all of the families you will be helping!**

