

MEMORIALS & HONORS etc...

Memorials

Rita & Harold Abbey
Elizabeth Adamcik
Betty Anderson
Patricia Anderson
Augusto Annati
Charles J. Anthes
Dr. Richard Ashley
Raymond Bailey
Margaret & Philip Baker
Marcia Balzarini
Fred & Doug Banning
Edith Barbour
Linda Barden
Teresa Shea Bartlett
Lee Benedict
David Berzins
Richard Bigge
Christopher Bizilj
Timothy Blake
George Bombria
Dr. Robert Bowen
Herbert Braasch
Baron & Elinor Bray
Alta L. Brenn
Frank Brodrick
Camille Bullock
Camillo Buscaglia
Ronald Butler
Angela Carbone
Pietro & Mildred Carchidi & son,
Nicholas
Norman Carpenter
Virginia Christina
Ethel Colburn
Beula Collins
Joseph & Jeannette Cote
Robert & Doris Coutu
Kathy Clark
Clifford Crawford
Henry Dabkowski
Nicholas DeMarco
Arthur Dewey
Harold DeWitt
Isabelle DiCenzo
Catherine Dionne
Leo Dionne
Lyn Doeg
Hamilton Eaton
Rev. George K. Evans
Andris Ezis
Holman & Dolly Fernald
Robert Gagnon
Scott James Gagnon
Barbara Gahwiller's husband, Wayne
Jennie Gaudette
Tom Giolas

Lloyd Gray
Janet Griffin
Ben Haas
Joseph, Julia & Asper Haddad
Robert & George Haddad
Roselyn Barnes Hadden
Germaine Hall
Bridget Harold
Elsie Harper
Hugh Hamill
Karen Havens' Dad
Anne Hengens' Family
Lyn Hirst
The deceased members of the
Horvath Family
Mildred Hull
Frank Iovieno
Grace James
Mr. & Mrs. J. Earl James
Steven Jess
Frances Jones
Mr. & Mrs. George Jones' Parents
Vengala Rao Kantamaneni
Victor Kaplan
Herbert Kaufman
Richard Kay
Edward Khairallah
George Kileen
Richard Koepke
John Konow
Sophie Kowalski
Esther Krest
Mr. V. Krishniah
Beckie Kromberg
Max Kromberg
Dorothy Lakeman
Earl Larkins
Tom & Rita Lennon
Sally Lerman
Harriet & Elden Lindley
Julius Lipschutz
Charles & Mary Lombardi & son,
Louis & daughters, Josephine &
Jennie
Irene Heon Lukas
Andy Macha
Paul Maciuika
Dahn & Kevin Maguire
Karen T. Maheu
Oland Marshall
Francesco Mavrice
Faye McCollum
Edna McCorrison
Elsa McKusick
Russell McNally
John A. Miller
Lottie Miller
Mike Mokoid

Leo Morris
Ruth Morris
Pat Naumec
Nancy Nevers
Mrs. D. Northup
Omar H. Norton, Jr.
Barbara O'Connor
Wayne Page
Raymond Joseph Panciera
Marjorie Partridge
Jane Pelletier
Siovanni & Srazia Pellicano
Domencia Pentimalli
James Phillips
Peter Beckis Phit
Tom Pickett
Vivian Pierce
Louis Pillari
Mary A. Pivarnik
Miss Evelyn Pollard
Clarence & Wilma Provost
Walter J. Pudelkiewicz
Racs-Cricket & Peach
Ruth Riley
Ann S. Robb
Robert, Charles & Antoinette
Perley Robinson
Karen Rose
Mary Rose
Stanley J. Salinsky
Maria Luz Samper
Hector Sanchez
Walter E. Schroder
Victor Scottron
Thomas A. Seeling
Jean Semprini
Anna Sepowitz
Leona Siejak
Beverly Sims' & William
Okeson's Family
John & Stella Smereski
Ruth L. Smith
Elizabeth Soares
Rigmor Soelberg
Alice Storey Thorpe
Marie Storrs
Lee Stopplesworth
Mary Ellen Strand
Anne Strutt
Annunziata Surace
Josephine Tasinelli
Evelyn & Raymond Tellier
Ginny Thorkelson
Bah Tierney
Robert Tierney
Betty Tipton
Alf & Gloria Tonnessen
Patricia Tranquilli

Memorials & Honor etc... (continued)

Ben Tucker
Hans Turley
Phyllis Utterback
Ralph & Rose Vitola
Marion C. Ward Waite
Wilbur Walters
Walter Wardwell
Herman & Mary Weingart
Michael Wilk
Joseph W. Willhoit
John Williams
Paul Williams
Bill Wilson
Patricia Winkel
Victor Wolmer
Emil Wuertz

Honors

The Abbey Family
Adrian & Tom's marriage
All of our Volunteers
All who serve & share their time at
the Soup Kitchen
American Veterans
Tina Anderson
Ray Aramini
Steve Arnold
William C. Balocki
Jennifer Baraleau
Bruce Barnes
Mary W. Beardsley
Mr. & Mrs. Leon Berard
Milla Elizabeth Bercot's 1st birthday
Mr. & Mrs. Robert Bernstein
Mrs. Andrea Booth
Blanche Brauneck's 103rd birthday
The Busse Family & son, Jordan
Mike Callahan
Mrs. J. Campbell
Christ's birth
Ethel Colburn
Lois Coon
Art Cote's birthday
Miss Alyssa Coutier
Chris & Geniviere's marriage
Lee & Mary Ellen Davis-Dion
Joyce Donohoo's birthday
Dianna Doyle
Paul Doyle's birthday
Jana Duffy
Frances Mary Dyer's 1st birthday
The Staff of Eastern CT Health
Network's Family Develop
ment Center at Manchester
Memorial Hospital
Amy Emery & Keith Mangene
Family & Friends
Jack Ferrigno

Rose Fowler, Director of McSweeney
Senior Center
Harry A. Frank
The Rev. Bryan & Mrs. Fulwider
The Rev. Patricia Gallagher
Lorraine Gallup
Michael & Linda Gardner
Ron & Barbara Giggie
Mrs. Ann Gray
Bob & Becky Grillo
Kara Grillo
Richard Grillo
Sasha Raven Gross
Marja Grossman
Betsy Hamill
John Hazeley
Michael & Roberta Helfgott
Warren Higgins
The Holiday Season
The Holy Family
Robert Homans
The Horace W. Porter 5th Grade Team
Cindy Houser
Meg Jasvi
Ed & Irene Johnston's Children
Mr. & Mrs. George Jones
Mrs. Janet Jones
Victor Kaplan
David L. Kimball
The Klee Family
Catherine Klessler
David Kmetzo
Miriam N. Kmetzo
Max Knecht
Robert Kupec III's 40th birthday
Mr. B. D. Lamar's 85th birthday
Mitchell Levesque
Jean & William Lonergan
Cheryl Lowe
Robin Lubatkin
Dr. Bernard Lytton's retirement from
Yale New Haven Hospital
Mansfield Depot People
Jean Manter's birthday
The Marshall Family
Donna & Richard Meehan
The marriage of Meg & Felix
Deb McCracken
Ray McGrane
Elsa McKusick
John & Donna McKusick
Lisa McLean's students at WMS
Suzanne Michaud
Mr. & Mrs. Albert Moreau
John & Helen Mulkern
Michelle & Marty Mlyniec
Peggy Nagy
Mrs. Shirley Ogozalek
Jeanne Ouellette's 98th birthday

Bruce Oscars' birthday
Dave Parks
Chert Patera
Ed Peavy & Becky Reno
Carol & Richard Pellegrine's Family
Joyce Peters
Pixie Prewett
Debbie Prince-Warinsky
QVCC Willimantic
Howard & Laura Reiter
Phil Rider
Penny Ritchie
Joanne Roberge
Margaret Rux's co-workers at
UCONN Student Health Service
Julia Saegaert
Mrs. B. Schadle
Mr. & Mrs. Norman Schussler
Thomas, Julie & Christopher
Sheehan
Beverly Sims' & William Okeson's
Families
Sjef's Cavalry
South Windsor High School Guid-
ance Department
Eliza Sparks
Paula Stahl
Laura Taylor
Dr. Angela D. Terry
Jack Thorkelson
Those in need
Hans Turley
UCONN CHIP Staff
UCONN Psychology Staff
Claudia Ursin
Dr. Carmen L. Vance
Volunteers
The Wellness Collaborative
Caroll White
Dr. Carol Wiggins
The Williams' Children: Kaitlyn,
Christina, Shannon
& Jessica
Paula Wilson
Mr. & Mrs. Gunther Winkler
Mike Wood
The Workers in the Soup Kitchen
Louise Wright
David A. & Martha R. Yutzey
Katherine Yutzey & Brian Keane

In the Name of
All hungry children
All those in need
All those who needed help
All we do for our clients & others
Joan Anderson
Raymond F. Andrews III

Memorials & Honor etc... (continued)

Andy, Emilia & Wasyl
Edward Arnold
Irene Avery
Bethel Congregational Church-Storrs
Tim Blake
Jennifer & Peter Bradshaw
Marion P. Brown
Olga Bubniak
Raymond Burns
Florence Catananzi
"Catherine"
Chuck Chalupa
Phillip Chesmer
Robin Chesmer
Christmas
Wilfrado Cortez
Richard Curry
Henry R. Dabkowski
David Bruce Dedde
Jean deSmet & Bob Hackemack's
marriage
Jerome (Jay) Discepolo
Claude & Ruth Duchesneau
Henry Dupek
Dolores Eaton
The Elliott, Boetitold, Tierna &
Schwarz Families
Violet Daley Fairweather
Robert H. Fenn
Jos & Jeanne Field
Thanksgiving to God
John L. Gonzales
Solo Deo Gloria
Lloyd S. Gray
Ben Haas
Kenneth Haddad
Deaconess Gladys Hall
Julie Harkness & Carl Grassman for
their Thanksgiving Dinner
Michael Helmer
The Holiday Season
Richard Hope
Kathy & Tom Jambeck
Mary James
Mary Ann Jansen
Florette Javarski
Mary Jefferson
George & Janet Jones
Ben & Pauline Kaufman
Toni Kelly
Anthony Kimmel
William N. Kinnard, Jr.
Wendy & John Kirk
Ben & Alice Kozin
Olga Kurnyk-Ezis
Edward & Esther Landrie
Cynthia B. Leary
Edith Lemieux

Margaret Leonard
Bert LePore
Sally Lerman
Paul & James Luft
Lucille S. Manning
Ignatius Mattingly
Maude & Karen
John McDonald
Richard & Donna Meehan
Bill & Claudia Miller
Our continual effort
Mr. Fernand C. Parr
Cay Saltenstall Perry
Kevin Perry
Mary Pivarnik
Doris Power
Betty Presby's Parents
Rose Raboin
Francis & Bill Riley
Merle Risley
Annunziata Rowe
Mimi & John Tanner
Alexander Taylor
Thanksgiving
Marie Trudeau
Dan & Ruth Twomey
UCONN Department of Psychology
The wonderful UCONN SHS Staff
Harold & Isabel Weigold
Clare Wells
Willimantic Food Co-Op

In Celebration of Life



Special Thanks to Our Sunday Bag Lunch Helpers

Thanks to the constant help of the following groups in preparing Sunday Bag Lunches. You are such a valuable part of what we do.

St. Paul's—Willimantic
Friends Meeting—Storrs
Temple B'Nail Israel—Willimantic
**(Happy 100th Anniversary to
our friends at the Temple)**
St. Mark's—Storrs

Wish List

For the Emergency Food

Pantry

Canned Fruit
Canned or Dried Beans
Powdered or Shelf Stable Milk
Flavored Rices
Flavored Pastas
Cereal
One Can Meals (Ravioli, Chili, Beef
Stew, etc)
Canned Vegetables
Paper, Plastic or Canvas Shopping
Bags

For the Kitchen

Coffee
Sugar
Salad Dressing
Black Pepper
Margarine
Garlic Powder
Granulated Garlic
Grated Cheese
Vegetable Oil
"Pam" Cooking Spray
Plastic Forks, Spoons, & Knives
Dried Herbs (Basil, Oregano, etc)
Chicken & Beef Broth
Sandwich, Quart & Gallon
Resealable Baggies
Non Wooden Cutting Boards
Napkins

Personal Care Items

Shampoo
Conditioner
Tooth Paste & Tooth Brushes
Deodorant
Soap
Shaving Cream
Disposable Razors
Diapers—All Sizes
Baby Wipes

For Our Four Legged

Friends

Cat Food
Cat Litter
Dog Food

Special Thanks to Our Friday Night Helpers

UConn Ambassadors Club
St. Thomas Students
Gilead Congregational Church
Colchester Congr. Church
Hebron Women's Group
Altrusa
Christine & Kids
Our Boy Scout Troops
Our Girl Scouts Too..
Church of the Holy Family
Confirmation Class
Columbia Congr. Church
Colchester Youth Group
Lambda Chi Alpha
Storrs Friends Group

Special Thanks to Our Saturday Groups

St. Thomas—Storrs
St. Andrews—Colchester
Coventry Youth Group
Delta Kappa Gamma
St. Josephs Women's Group
St. Mary's Confirmation Class
Storrs Congregational Church
Gilead Congregational Church
The Porco Family
St. Mark -Storrs
Church of the Holy Family—Hebron
First Church Christ—Mansfield
The Chef Wanna Be's
Britta & Friends.

Welcome to Our New Board Members

The Soup Kitchen Board is please to welcome two new board members. The first is Charlie Higgins of the Tolland area. Charlie is a corporate attorney for the Cigna Corp. The second is Tom Ford, a Willimantic resident. Tom's career path has included corporate leasing, but he most recently has caught the entrepreneurial spirit and is working on his own in the custom painting business. Both became familiar with our work through their volunteer efforts.
Welcome to Charlie & Tom.



Special Thanks to Our Long Time Webmaster & Designer—Kim Cyr

We'd like to take this opportunity to offer a special thanks to our long time webmaster Kim Cyr for her design work and maintenance of our website for so long. Students from ECSU Organizational Website & Database Mgmt Class under the direction of Dr. Alex Citurs have been working on a new design for us as part of Easterns' Service Learning Projects. The new site will be up and running very soon, and will include the ability to make donations directly online through PayPal. But we'd be remiss in not offering Kim a special thanks for all her hard work for so many years. If you are ever in need of excellent web design services, know Kim is one of the best. She can be reached via email at k313c@aol.com. Our thanks to Dr. Citurs and his students too. They are also working on several other database projects for us as part of Eastern Students continuing to be a great help to the local community. **THANKS KIM & THANKS ECSU**

Help Wanted

We are looking for some folks to help out in our emergency food pantry. Specifically with the never ending task of sorting donations, checking expiration dates and stocking the shelves. If you are interested in helping and can volunteer any morning from Tuesday through Friday, just give Shirley a call. At (860) 423-1643

10 Important Ways to Lessen Your Stress

1. Exercise
2. Control Spending
3. Organize your life
4. Talk to someone
5. Put people first
6. Take time to relax
7. Eat Nutritiously
8. Get enough sleep
9. Simplify
10. Don't depend on drugs or alcohol



No Freeze Hospitality Center

The Windham Region No Freeze Hospitality Center is set to close for the season on April 30th. The Center has been open since mid November and has averaged about 22-24 individuals per night. The highest numbers for the season have been 30 people on several of the coldest nights this winter.

The center has had a general population of about 70% men and 30% women for the season, which is on par with years past. The center is in its fourth year of operation and this year has been located at 1110 Main Street in Willimantic, across from Memorial Park.

Our own guest advocate, Curtis Ehler, who works with the shelter also has been working tirelessly on assisting people with their housing searches and assistance as the time for the center to close grows near. Curtis has been a great addition to our Care & Advocacy Service here at the Covenant Soup Kitchen. Thanks Curtis for all your hard work.